



PARENTING CLASSES

Small Groups ... Hands on Learning
No Boring Lectures
Handicap Accessible Facilities

Parenting Series

Cost: \$10 per person per session
Dates: Thursdays, February 10 through March 17, 2011
Time: All sessions are 5:30-6:30 p.m.
Location: YouthZone Rifle Office, 136 East 12th Street
To register: Call 625-3141

Topics:

The Beauty of Teens: Encouraging and motivating great behavior

Substance Use and Abuse: The information that all parents need

"No I won't and you can't make me!": Redirecting power struggles

The Art of Encouragement: Keep yourself encouraged and spread it around

The Glass isn't Half Full, It's Overflowing: How stating things in the positive can change the way you parent

How to set up natural and logical consequences that work

YouthZone offers additional parenting classes. If you have a group that would like to sign up for a particular class, contact us.

- Parenting with Love & Logic™ Class
- Redirecting Children's Behavior
- Developing Capable Young People

Parenting through Divorce

Cost: \$80 per person per class

This introductory parenting course helps parents learn how to communicate with their former spouse, how to co-parent in different households, and how to lay a foundation for a great relationship with their kids. It is possible to parent peacefully through divorce! YouthZone is a certified provider of the Parenting through Divorce class required by the Ninth Judicial District (Aspen to Meeker). Courses are offered on a regular basis throughout the Roaring Fork Valley.

Rifle 625-3141 (call to register)

Dates	January 24	(Monday)
	February 28	(Monday)
	March 28	(Monday)

Classes will be held the fourth Monday of each month throughout 2011

Time	5:00 – 8:30 p.m.
Location	YouthZone Office, 136 East 12 th Street

Glenwood 945-9300 (call to register)

Dates	January 11	(Tuesday)
	February 8	(Tuesday)
	March 8	(Tuesday)

Classes will be held the second Tuesday of each month throughout 2011

Time	5:00 – 8:30 p.m.
Location	YouthZone Office, 803 School Street

YouthZone's parent classes brought our family back together.