



PARENTING CLASSES

Small Groups ... Hands On Learning
 No Boring Lectures
 Handicap Accessible Facilities

Love and Logic Parenting

(Cost: \$165/person; \$190/couple)

Learn how to establish healthy control in your family without resorting to anger, threats, nagging, or exhausting power struggles.

- . Build self esteem
- . Develop mutual respect
- . Eliminate power struggles
- . Feel calmer/enjoy being a parent

Rifle 625-3141

Dates (Wednesdays) April 21, 28 May 5, 12, 19, 26
Time 6:00 – 8:00 p.m.
Location YouthZone, 136 East 12th Street
Instructor Jennifer Keener

Dates (Wednesdays) July 21, 28 Aug 4, 11, 18, 25
Time 6:00 – 8:00 p.m.
Location YouthZone, 136 East 12th Street
Instructor Jennifer Keener

Developing Capable Young People

(Cost: \$110/person; \$130/couple)

Prepare your child to live successfully in our challenging world.

- . Enhance communication
- . Provide effective discipline techniques
- . Help children experience logical consequences
- . Combat peer pressure
- . Identify the perceptions children have
- . Learn the skills children need
- . Learn how to make parenting fun

Glenwood 945-9300
Dates (Mondays) April 5, 12, 19, 26
Time 6:00 – 8:00 p.m.
Location YouthZone, 803 School Street
Instructor Lori Mueller

Parenting Through Divorce

Cost for Each Class \$80 / person

This introductory parenting course helps parents learn how to communicate with their former spouse, how to co-parent in different households, and how to lay a foundation for a great relationship with their kids. It is possible to parent peacefully through divorce! YouthZone is a certified provider of the Parenting Through Divorce class required by the Ninth Judicial Court District (Aspen to Meeker). Courses are offered on a regular basis throughout the Roaring Fork Valley.

Rifle 625-3141

Dates March 11 (Thursday)
 April 29 (Thursday)
 May 17 (Monday)
 June 14 (Monday)
 July 14 (Wednesday)
 August 9 (Monday)

Time 5:00 – 8:30 p.m.
Location YouthZone Office, 136 East 12th Street

Glenwood 945-9300

Dates April 20 (Tuesday)
 May 4 (Tuesday)
 June 17 (Thursday)

Time 5:00 – 8:30 p.m.
Location YouthZone Office, 803 School Street

Aspen 945-9300

Dates April 7 (Wednesday)

Time 6:00 – 8:30 p.m.
Location To Be Determined