

- **YouthZone is a 501(c)3 private non-profit.**
- We are caring, non-judgmental listeners who are highly trained in youth programming. We have been in business since 1976 working with youth, families and communities. We can help assess your situation and work with you on options to best meet your needs.
- YouthZone programs have proven effective in significantly decreasing delinquent behavior and illegal drug use; while significantly increasing positive decision making skills, pro-social development, and self-perception.

Check Us Out at  
[www.youthzone.com](http://www.youthzone.com)

### YouthZone Offices

#### Glenwood Springs

803 School Street, Glenwood Springs, CO 81601  
 970-945-9300 (phone)  
 970-945-8924 (fax)

#### Rifle

136 East 12th Street, Rifle, CO 81650  
 970-625-3141 (phone)  
 970-625-9532 (fax)  
 1-800-929-3141

#### Aspen

0405 Castle Creek Rd. Suite 3, Aspen, CO 81611  
 970-920-5702 (phone)

#### Basalt

970-927-1545 (phone)

#### Carbondale

970-963-0618 (phone)

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Underwriting support impacts the variety in program fees.

### Become a Friend of YouthZone

*YouthZone welcomes you to become a Friend of YouthZone by giving your tax deductible donation to assist the agency in furthering its programming for youth/families in our community. Your donation will serve to help provide scholarships to young people needing YouthZone's assistance. You can send your gift to any YouthZone office.*



## Program Brochure

### Call Us If ...

- You are a young person having problems.
- You know a young person having problems.
- You have questions regarding youth issues.
- You want to help young people in the community.
- You want to strengthen your family.
- You don't know where to find help.

**Parent Consultation**  
\$35

A consultation of up to 50 minutes is often the first step for parents who want to help ease the challenges of parenting and raise more responsible kids. In this one-time consultation, parents will meet with a youth and family specialist who will help identify the family's issues and needs. Parents will leave with a plan that includes various options and resources to help them reach their parenting goals.

**Youth & Family Assessment**  
\$180

An assessment allows a YouthZone youth and family specialist to gather information to provide recommendations for an individualized, comprehensive program to meet the needs of both youth and family. Five basic areas are assessed: decision making skills, delinquent behavior, pro-social skills, self-esteem and substance abuse.

## Advocacy and Counseling

**Individualized Parent Education**  
\$65 / hour

YouthZone staff have years of experience working with parents who want to find practical solutions to parenting challenges. YouthZone staff can help parents deal with an immediate issue or with a broader range of behaviors. YouthZone supports parents with fast, effective strategies that focus and build on a parents' individual strengths. Parent Education is goal-oriented, judgment-free, encouraging and empowering. Available over the phone or in any YouthZone office.

**Youth Advocacy**  
\$65 / hour

A strength based approach to supporting youth through the tough journey of adolescence. Youth advocacy provides a non-judgmental third party for youth who need help solving problems around issues they may struggle with, i.e. school, peers or family.

**Individual & Family Counseling**  
\$85 / hour

YouthZone's experienced staff works with youth, parents and families to provide an assessment of identified issues, concerns and needs. A variety of counseling techniques are used.

**Family Mediation**  
\$85 / session

Family mediation provides assistance for families that are experiencing internal conflict they are unable to resolve. Usually 1 to 3 sessions are required.

**Phone Help Card**  
\$60

The phone card puts YouthZone only a phone call away when you need help. The card provides 60 minutes of phone assistance from YouthZone during regular office hours.

## Home Based Support

In home parent education takes place within a family's home. There is an assessment conducted to determine family needs and set goals for changing family dynamics. Parent education introduces practical techniques to enhance family dynamics.

## Parent Education

**Redirecting Children's Behavior  
Love and Logic Parenting  
Parenting Teens Through Moods  
and Attitudes**  
\$165 / individual  
\$190 / couple

YouthZone parent classes focus on teaching parents practical skills for raising cooperative and respectful children. Parents will learn how to resolve conflicts, establish healthy control without resorting to anger, and how to troubleshoot future problems. The class atmosphere is supportive, non-judgmental and fun. Prices include workbooks.

**Parenting Through Divorce**  
\$80 / 3-4 hour session

An introductory parenting course that teaches former spouses how to communicate, how to co-parent in different households, and how to lay a foundation for a great relationship with your kids. YouthZone is a certified provider of the Parenting Through Divorce class required by the Ninth Judicial Court District (Aspen to Meeker). Courses are offered on a regular basis throughout the Roaring Fork Valley.

**Other Parent Education  
Opportunities**

YouthZone can provide parent education courses on a variety of topics. If you have a specific topic, call us. Cost will vary depending on the course offered.

## Mentoring

**Pals Mentoring**  
\$45

The Pals mentoring program connects adults and older teen volunteers to serve as mentors to youth between the ages of 6 and 16 years.

## Groups

**Drug/Alcohol Education**  
\$180 / 6 sessions

A 6-week group designed to provide the most current information on alcohol and other drugs that teenagers are exposed to in today's world. Appropriate for youth 13 to 18 years of age who are at the experimental stages of drug use.

**Girls Circle and Boys Council**  
\$180 / 8-10 sessions

These gender specific groups are designed to offer adolescent girls/boys a solid pathway toward healthy identity development by recognizing strengths and capabilities, challenging stereotypes, questioning unsafe attitudes and encouraging solidarity through personal and collective responsibility.

**Other**  
Contact YouthZone

YouthZone offers a variety of group curriculum tailored to meet specific needs designed to help young people make healthy life choices. (i.e. grief and loss, bullying, etc). Have a need? Call us.

## Community Justice

**Restorative Justice**  
\$95

This provides a format for a youthful offender to face and apologize to his/her victim. A plan is developed for the youth to make things right with the victim and community.

**Victim/Offender Mediation**  
\$95

This provides a victim the chance to meet face-to-face with his/her offender. A third party mediator is used and a plan for restitution is established.

## Presentations

Contact YouthZone

YouthZone staff can offer presentations or workshops on a variety of topics, i.e. youth issues, parenting, employee and organization development. Have a need? Call us.

## Court Services - provided for juveniles in the criminal justice system. Available by court referral.

**Court Assessment**

Youth assessment, recommendation to the court, overseeing of court ordered requirements, exit interview with the family, final report to the court.

**Deferred Sentencing**

Deferred sentencing options are provided at municipal and county court levels. The purpose of the program is to provide intervention services to youth with a final outcome of having the charges against the youth dismissed.

**Diversion**

A district court level option. Diversion is designed to prevent first time and low-level juvenile offenders from entering the Juvenile Justice System.

**Case Management**

On-going monitoring of and assistance to a young person as he/she works on completing his/her personal program through the court.

**SB-94 Services**

Screening, case management and tracking services for youth who are at a district court level. The goal of the program is to provide an alternative to detention.

**Useful Public Service (UPS)**

An orientation course includes expectations of the youth while at a UPS site as well as assistance with finding a place to do useful public service. Case management of a youth's hours and a written report to the court are included.